

### **Program Description**

Research findings from the Kaiser-CDC Adverse Childhood Experiences (ACEs) study have greatly influenced our understanding of childhood adversity as a social determinant of health. As social awareness of the problem has increased, so too has interest in effective clinical and policy responses to ACEs. However, as an observational epidemiological study, the ACEs research provides strong evidence about the damaging health impacts of ACEs but little guidance on how to prevent and intervene. Therefore, new research is needed to translate the ACEs research into policy and practice, particularly in the health care system. This workshop will 1) provide an overview of what we know and do not know from the ACEs research, and 2) review the current evidence regarding promising and evidence-based interventions to respond to ACEs. Both topics will describe national evidence but specifically highlight evidence and examples from North Carolina.

## **Target Audience**

Behavioral health professionals including psychologists, social workers, counselors, marriage and family therapists, substance abuse counselors, and others interested in this topic.





#### Registration Fee

\$60 | Includes cost of instruction and credit.

NHRMC employees register via NetLearning.

### **Program Objectives**

Upon completing this program, participants will be able to:

- Explain the key findings, and limitations, of the ACEs study focusing specifically on the burden on individual and public health;
- Outline the best available evidence regarding current interventions and strategies to address ACEs;
- List promising approaches and initiatives in North Carolina to address ACEs in policy and clinical practice.

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#### **Faculty**

Paul Lanier, MSW, PhD is The Wallace Kuralt Distinguished Associate Professor in the School of Social Work at the University of North Carolina at Chapel Hill. He is the associate director of the Jordan Institute for Families and a research fellow at the Sheps Center for Health Services research. Dr. Lanier received his doctoral degree from the Brown School at Washington University in St. Louis and was a fellow with the national Doris Duke Fellowship for the Promotion of Child Well-Being. His research focuses on developing, evaluating, and scaling-up evidence-based prevention programs in child welfare, mental health, and early childhood systems. He has conducted studies with parenting support models such as Parent-Child Interaction Therapy (PCIT), the Triple P Positive Parenting Program, Circle of Parents, and several maternal and child health home visiting models. In addition to his focus on intervention research, Dr. Lanier also uses linked, multi-sector administrative data for policy analysis to improve child wellbeing. He is also a board member of the North Carolina Infant Mental Health Association.

This presenter is being supported through a partnership between the UNC-CH, School of Social Work and the NCAHEC Program.

#### Credit

Category A NC Psychology Credit:

This program will provide 3.0 contact hours of (Category A) continuing education for North Carolina Psychologists. No partial credit will be given.

National Board for Certified Counselors Credit (NBCC): 3.0 hours SEAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5597. Programs that do not qualify for NBCC credit are clearly identified. SEAHEC is solely responsible for all aspects of the programs.

NCASPPB: 3.0 hours (21-174-G)

Contact Hours: 3.0 hours

# Cancellation/Refund Policy

- Registrants cancelling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than 2 weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) are welcome (notify us of this in advance of the program)
- Cancellations must be in writing (fax, email, or mail)

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